

**QUARTERLY REPORT**

**INTERNATIONAL EYE FOUNDATION**

**INTEGRATED HIV / AIDS / STD AND FAMILY PLANNING  
SERVICES PROJECT UNDER SUPPORT TO AIDS AND  
FAMILY PLANNING**

**IFA NO. 690 - 95 - A - 002**

**8TH QUARTER REPORT  
OCTOBER - DECEMBER  
1997**

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## **Nchalo**

### **1.0 Introduction**

This report covers the 8th quarter, from October 1 to December 31, 1997 for the HIV / AIDS / STD prevention and Family Planning promotion under STAFH Project. During the last quarter in 1997 the Project continued their activities in collaboration with Ministry of Health and Population, Ministry of Education and the Private Sectors [ SUCOMA Clinic, Kapichira dam constructors and Montfort Hospital ]

### **2.0 Summary of activities for the quarter**

#### 2.1 Key activities for the quarter

- 2.1.1. Community Based Distributors Agent of Contraceptive review course - 20 CBDs in East Bank and Chikwawa had a review course.
- 2.1.2. Community Based Distributors Agents of Contraceptive initial training - 18 CBDs and 6 Supervisors attended a 3 weeks initial training.
- 2.1.3 Information, Education and Communication in Family Planning promotion and HIV / AIDS / STD prevention messages to the community
- 2.1.4 Use of AIDS curriculum in schools
- 2.1.5 Traditional healers refresher course
- 2.1.6 Soap making
- 2.1.7 World AIDS Day
- 2.1.8 Meetings
- 2.1.9 Administrative

### **3.0 TECHNICAL REPORT**

#### **3.1 Community Based Distributors Review Course**

The review course was conducted as from 6th to 16th October, and 8th to 15th December, 1997. This is the first time for the review course to be conducted with the CBDs. 43 CBDs in the Eastern Bank, Chikwawa and Ngabu has received so far this type of approach with their 19 Supervisors. The review course was for a day in which it was conducted in each village with CBDs.

### **Objectives**

- ◆ To give chance to CBDs to express their problems as working environment differ from one CBD to another hence different problems.
- ◆ To find modalities how best to improve the CBD programme.
- ◆ To enhance supervision and reporting system.
- ◆ To solve problems identified during forthcoming refresher courses.

### **Topics covered**

- ◆ Family Planning methods [ pills, condoms, foam, IUCD, VSC, norplant ]
- ◆ Recording and record keeping
- ◆ Work plan
- ◆ Counselling
- ◆ Recording on tally sheet
- ◆ Supervision

### **Problems encountered**

- ⇒ Poor recording in register
- ⇒ Shortage of plain papers, pencils and ball-points.
- ⇒ Torn out of registers
- ⇒ Supervision still remain the major problem
- ⇒ Some CBDs are not active
- ⇒ Poor venues

### **Interventions**

- ◇ Umbrellas and T / Shirts were given to all CBDs

- ◇ To collaborate as much as possible with Ministry of Health and Population in terms of supervision.
- ◇ A one week refresher course to be conducted soon after reviews

CBDs and Supervisors who attended the review courses were as follows: [ see appendix 1 ]

### Observations

- ⇒ CBDs were flexible to express their problems
- ⇒ Some CBDs are doing a wonderful job though some are not active
- ⇒ Problems were identified which needs to be addressed during refresher courses.

### 3.2 Community Based Distributor Agents Initial Training

Ministry of Health and Population in collaboration with International Eye Foundation trained 43 CBDs in Chikwawa in 1995 and 1996. These CBDs were drawn from Ngabu, East Bank and Chikwawa areas. Having noted that there is a need to train more CBDs in Chapananga area, a proposal was written by Chikwawa Hospital for IEF to fund the training.

The training took place at Kukhala Motel in Nchalo as from 21st October to 7th November, 1997. There were 18 CBDs and 6 Supervisors who attended the training. The supervisors are the Ministry of Health and Population's Health Surveillance Assistants who are community based workers.

The training was conducted in two phases continuously in which the first two weeks was for CBDs and the Supervisors together while the third week was for the Supervisors only.

There were 3 trainers Mrs. B. Mhone from Nkhotakota District Hospital, Mrs. P. Njoloma from Trinity Hospital, Nsanje, Miss M. Mpahuwa from Ngabu Rural Hospital and supported by Mr. E. Chiumia and Mr. T. Mthepheya from IEF.

#### Summary of CBDs trained

# of CBDs to be trained	Trained			# remaining to be trained
120	1995	1996	1997	1998
# of Supervisors to be trained	20	23	18	59
?	9	10	6	?

**Note:** CBDs and Supervisors in 1995 were trained under Child Survival Programme of International Eye Foundation. Number of Supervisors to be trained depends on the number of CBDs selected for training that's why there is no actual figures.

### **Main Objective**

To equip the Community Based Distributor Trainees with necessary knowledge, attitudes and skills to enable them to provide quality community based family planning services using an integrated approach with HIV / AIDS / STD prevention messages.

### **Specific Objectives**

1. To conduct needs assessment appropriate to family planning activities.
2. To identify and plan with other community workers activities related to community needs in their Catchment area.
3. To conduct individual and community family planning education relevant to target groups.
4. To counsel clients for family planning and education on STD / HIV / AIDS.

The CBDs least educated was Standard 7 and highest Form 2 while the Supervisors the lowest was Standard 8 and highest Form 4.

### **[ Reference Appendix 2 ]**

During the entire training 3 tests were written by the participants to find out what they know and what they have gained after the training. Average marks ranged from 58%, 74% and 78% for CBDs and 73%, 89% and 96% for the Supervisors.

### **[ See Appendix 3 ]**

### **Problems encountered**

- Trainers complained about low allowances compared to government scale and other NGO where they conducted training previously.

- Community based distributors requested money to buy food.
- Accommodation was very expensive.
- Shortage of water.
- Venue for training not conducive
- Change of curriculum as notes were prepared in advance using the old curriculum.
- Some trainers lacked competency.

### **Interventions**

- The difference for accommodation was paid for trainers by IEF.
- CBD's were given moneys for their food.
- New notes were photocopied in Blantyre while training was in progress.

### **Recommendations**

- To avoid further misunderstandings with external facilitators, to communicate with external facilitators in advance and allowances to be negotiated.
- IEF staff to go for Trainer of Trainees course.
- NGO running CBD programme in Malawi to exchange trainers when conducting trainings.
- NGO FP/STD Co-ordinators to have regular meeting and exchange views on how best to run the programme.
- If chances arise to attend FP/STD workshop to increase knowledge.

### **Observation**

During the training there was full participation from the participants and showed interest in the entire training.

### **Topics covered [ CBD and Supervisors ]**

1. Family planning and policies
2. Benefits of family planning
3. Primary Health Care
4. Male reproductive system
5. Female reproductive system
6. Menstrual cycle and conception
7. Traditional methods

8. Combine oral contraceptive
9. Progestin oral contraceptive
10. Use of hormonal check list
11. Male condom
12. Spermicides
13. Lactational amenorrhoea method
14. Hormonal injectables
15. Norplant
16. Vasectomy
17. Tubal ligation
18. Natural family planning methods
19. STD/HIV/AIDS prevention
20. Infertility
  
21. Referral
22. Follow up
23. Contraceptive Logistics and Management Information System
24. Knowing and understanding the community
25. Equipment and supplies
26. Communication
27. Rumours, misconception and fears
28. Use of visual AIDS
29. Development of three weekly work plan
30. Briefing of practical experience
31. Practical experience
32. Knowing and understanding the community practical experience
33. Discussion of practical experience

### **Supervisors**

1. Concept of supervision
2. CBD supervisor
3. Supervision
4. Supervision models
5. Monitoring

### **3.3 Information, Education and Communication in Family Planning promotion and HIV / AIDS / STD prevention messages**

An extensive use of Anti - AIDS clubs in the district was done to disseminate FP/ STD / HIV / AIDS messages to the community. The purpose was for public education as well as encouraging the clubs in their activities which they continuously conduct in the villages. The shows were conducted at the following places:

- ⇒ C. Compound
- ⇒ B. Compound
- ⇒ A. Compound
- ⇒ Mchere
- ⇒ Nyasa
- ⇒ Tomali
- ⇒ Suweni
- ⇒ Linga
- ⇒ Saidi
- ⇒ Nsenjere
- ⇒ Makanga
- ⇒ Thendo
- ⇒ Changa

It is being estimated that over 6,500 people attended. It is encouraging to note that in most of the areas drama has become part of entertainment in the community.

Health talks in schools was also conducted with people from National Association of People Living with HIV / AIDS in Malawi [ NAPHAM ]. The purpose was to introduce members to AIDS toto clubs who openly speak about their Sero status to the community. Schools that were visited were:

- St. Mathews
- Nchalo Distance Education Centre
- Lengwe school
- Maperera school
- Mthumba school
- Bodza school
- Phwadzi school
- Mitondo school

It was estimated that over 10,500 youth were reached with the messages.

## **Observations**

Most of the pupils could not believe by looking at the individuals that they have the virus. They said, they were lying. It was also noted that due to frequency of Anti - AIDS activities behaviour change has taken place and this was noted in boarding schools since the teachers reported that in the past pupils were having friendships and during the night were found in dark corners but now this has changed possibly because of these talks.

4 shows were conducted in form of drama and music by Anti AIDS clubs where approximately 2,025 people attended the shows. The following places were involved:



- ⇒ Linga
- ⇒ Makanga
- ⇒ Nsenjere
- ⇒ Chapomoka

Anti AIDS club inter zone competition was conducted in the East Bank as of 18th and 19th October. The following clubs participated in the competition:

Mitondo zone

- ⇒ Mitondo School
- ⇒ Nyangu School
- ⇒ Mpama School
- ⇒ Nyamba School

Phimbi zone

- ⇒ Phimbi School
- ⇒ Nkhate School
- ⇒ Maperera School

Approximately in all the competition there were 2,000 people

Exchange visits were conducted between active and non active clubs. The motive behind was for non active clubs to learn what their friends were doing. These were the clubs that exchanged visits:

- ⇒ Thendo [ un active ] vs. Linga [ active ]
- ⇒ Chavi [ active ] vs. Misozi [ un active ]

Approximately 1,425 people attended the activities in which drama, music and songs of AIDS awareness were performed.

Supervision was conducted in Rabu zone where the following Anti AIDS clubs were supervised:

- ⇒ Mbiya
- ⇒ Phanda Primary

- ⇒ Phanda Distance Centre
- ⇒ Mwananjovu
- ⇒ Konzere

It was observed that all the clubs were active.

Supervision was also conducted to some of the CBDs in Ngabu Catchment area as of 26th to 29th November, 1997. The total number of CBDs who were supervised were as follows:

<b>CBD</b>	<b>VILLAGE</b>
Mrs. Mailosi	Matengambiri
Mrs. Mezweck	Tulusida
Mr. P. Sabao	Tulusida
Mr. P. Brown	Chambuluka
Mr. A. Magwira	Nyangu
Mrs. M. Matiya	Njanji

The CBDs are doing a wonderful job only that there is a problem of recording both on tally sheet and the register.

### 3.4 Use of AIDS curriculum in schools

A two days training sessions were organised in the District to train teachers, on how to use the HIV/AIDS curriculum in schools. A total number of 392 teachers reached in all the sessions. The general objectives of the trainings was to provide teachers with knowledge, skills and the necessary tools which will allow them for better implementation of the HIV/AIDS curriculum within their schools. To achieve this, the following topics were discussed through lectures, group discussion and role plays.

- ⇒ climate setting,
- ⇒ participants expectations and fears,
- ⇒ assessment of knowledge,
- ⇒ basic information of HIV /AIDS,
- ⇒ impact of HIV /AIDS,
- ⇒ living positively with HIV/AIDS,
- ⇒ barriers against implementation of HIV /AIDS curriculum ,
- ⇒ counselling and Home Based Care,
- ⇒ methodology of teaching curriculum,
- ⇒ curriculum implementation,
- ⇒ supervisory visits and checklist development

- ⇒ explanation on the introduction of EDZI TOTO clubs in schools that are in remote areas and have recently been informed.

The trainings were conducted by twelve Primary Educators Advisors in all the Catchment areas of Chikwawa East Bank zone, Chapananga zone and Ngabu zone as facilitators and International Eye Foundation staff.

## **Observations**

Issues that were raised in most of the trainings were those of HIV/AIDS being a sensitive topic and that most of the teachers lacked adequate information on the topic and as such they were not including it in workplans and schemes of work. The other issues were lack of teaching materials, cultural and traditional briefs, age range, and understaffing.

## **Interventions**

- ⇒ The training provided them with the information they lacked
- ⇒ P.E.A and headmasters will ensure that AIDS topics are included in the teachers schemes of work and are actually being implemented.
- ⇒ On teaching materials the Ministry of Education had received the books and these will be distributed to the schools .

All in the training went on well but as usual the problem of little allowances arose particularly for those who had to ride their bicycles from distant schools to centres of the trainings as they had to travel as average of 16 kilometres to and from.

## **Recommendations**

To encourage those trained teachers in the use of AIDS curriculum to brief other teachers who did not attend the training. As Chikwawa in particular has more teachers comparing to those who attended the training.

### **3.5 Traditional healers refresher course**

5 sessions for traditional healers refresher courses were conducted. The purpose of these refreshers was to up date their knowledge in HIV / AIDS / STD prevention , Family Planning promotion and Primary Eye Care following the

initial trainings which were conducted in 1995. Following are the areas where refreshers were conducted:

Centre	Attendance
Kanzimbi	31
Ndakwera	30
Nyasa	26
Nchalo	21
Nsuwa Island	28

### 3.6 Soap making

Family Health Education and Counselling Centre (FHECC) volunteers completed soap making training and started making soap and over 250 tablets were made during the training but this time the soap making temporary stopped because of lack of dye.

The training was funded by DACC (District AIDS Co-ordinating Committee) for Chikwawa and the purpose of this training was to enable the volunteers to solicit fund after selling the products so that they can run their group e.g. supporting orphans. IEF supported the training in the provision of transport and staff during the initial training.

### 3.7 World AIDS Day Campaign

The campaign had two major activities which were conducted on 5th and 6th December and then follow up music and drama in the surrounding villages of Nchalo on 7th. Approximately 1,000 people attended on 5th and 6th December.

As the theme for the day for the year was ***CHILDREN LIVING IN A WORLD WITH AIDS***, on 5th December, a gathering of the youth was organised by Nchalo AIDS Committee together with International Eye Foundation. The purpose of the gathering was to enable the youth to discuss about their fear, ask questions relating to HIV / AIDS and share their experiences. During the discussions most of the questions were regarding some misconceptions relating to HIV or lack of correct information in some of the issues and all these were clarified.

A guest speaker from a youth group in Blantyre, AYISE ( Active Youth Initiative for Social Enhancement ), Mr. D. Chembezi presented his speech which was related also to the activities that his group is doing in the prevention of HIV / AIDS. How the youth can form their groups. Their group is working towards involving the youths to participate in HIV / AIDS fight as well as other developmental issues affecting the youths ( behaviour change ).

It was noted that the youths in Nchalo showed interest in what the speaker said on the occasion.

During the second day on 6th December activities continued and these were more of entertainment and educative point of view. Drama, jokes, recitals, songs, and speeches from different representatives which includes Youth representative, Businessman, Hospital Administrator, Project Manager and representative of the Medical Officer from Montfort Hospital.

Nurses also marched through Nchalo Trading Centre and lit candles in memory of those who died of AIDS and those living with HIV.

There were also games of Netball and Football between the youths and elderly people [ madala ]. Follow up drama shows were conducted in villages around Nchalo as follows:

- ⇒ Pangilesi
- ⇒ Chipakuza
- ⇒ Mafale
- ⇒ Dzilonzo
- ⇒ Nyamphota

Approximately there was 1,670 people in attendance in all the shows.

### **3.8 Meetings**

Planning meeting with Primary Advisors was conducted and the purpose was to plan for the coming trainings of the use of AIDS curriculum, sharing of topics and discuss on logistical issues. The district was divided into three zones of

Chapananga, Ngabu and Chikwawa boma/eastbank. There were 13 Advisors for this one day meeting .

Meeting between Action Aid, International Eye foundation and Family Health Education and Counselling Centre volunteers. The meeting centred largely on making FHECC independent and that it be under the co-ordination of the volunteer's Co-ordinator based at Montfort. The other issue was on the use of the motorcycle which will be loaned to the volunteer's Co-ordinator for use of supervising the FHECC volunteers . The support that this group is supposed to get from IEF and Action Aid that is technically and capacity building respectively.

District AIDS Co-ordinating Committee (DACC) meeting was held in October where there were presentations of different activities being performed by the different department of Government and NGO. Prominent in the discussions were I.G.A.'s which DACC has funded at Mpokonyola that of sisal bag making and at Nyasa of soap making.

A meeting of CARE Counsellors was held on 27th and 28th October, 1997 in Mulanje. The purpose of the meeting was to evaluate the CARE [Community Action Renders Enablement] so as to update what was happening to the development of CARE Counselling manual and also come up with future plans of the programme. In the meeting members were briefed on two meetings which were held in January and July between National AIDS Control Programme, Donor agencies and Counsellors. The meeting discussed mainly the production of a guideline manual which will suit both hospital and community based counsellors. Lastly the meeting proposed for refresher trainings for trained counsellors in the Southern Region, exchange visits, and train new counsellors.

Another meeting was held at Montfort Hospital involving hospital based counsellors and HBC volunteers in the community. The meeting largely discussed issues arising from members . It was noted that counsellors had too many clients and therefore need to train more counsellors. Secondly members noted that of late there has been a good relationship between hospital based and community based counsellors such that referral system was going on well, and the last issue observed was lack of materials to be used when conducting home based care and these included gloves, aspirins etc.

Another meeting was held between IEF STAFH and USAID representative and basically the visitors wanted to know the project's activities and had shown interest on Anti-AIDS Club activities and Family Planning. They also made a spot check to the Counselling Centre at Montfort Hospital and SUCOMA clinic.

A meeting was held between RHO and NGOs running CBD programs. Much was based on the trainers of CBD. The demand for these trainers is high whilst those who were trained are few. The CBD curriculum has been revised and new trainers

were trained using the new curriculum. It was agreed during the meeting that old trainers still need to assist new trainers. Additional trainers need to be trained to meet the demand.

A PVO quarterly meeting was held at Project Hope Offices in Limbe. Among other issues was to share ideas and experiences in running the STAFH Projects.

Southern Region AIDS Network [ SORAN ] meeting was held in Blantyre in which issues on World AIDS Day and preparation of World AIDS Conference in Geneva for 1998 were discussed. District reports were also presented.

DACC discussed issues on the use of Orphan funds from Lonrho and reports from those groups that have benefited from the funding. Roles of the sub technical committees was also discussed as it showed that most of the members did not recognise their roles.

The STAFH Projects review focus group discussions of STAFH, USAID funded projects were conducted. The purpose of these discussions were to examine what has been done to date in STAFH Projects, to identify the strengths, weaknesses, experiences, and lessons learned; to reconfirm the priority reproductive health care needs of the Malawi population; and, to exchange ideas regarding strategies and activities to address these needs. Among other issues that were discussed were on the distribution of condoms, CBD program and Clinic based Family Planning service provision at public and private sectors.

Recommendations were given during the discussions which will be presented to the government. All in all the STAFH Project are doing a good job as per the discussions.

### **2.1.9 Administrative**

In order to enhance supervision in all interventions ( FP / STD / HIV / AIDS ), interviews were conducted to recruit 3 Community Outreach Assistant. Mr. George Thomson, Mr. Micheal Kamcheka and Miss. Martha Tokhwe were successful during the interviews and will take their posts as from 5th January, 1998.

## **Appendix 1**

### **List of CBDs who attended the review courses**

<b>No</b>	<b>Name of CBD</b>	<b>Venue</b>	<b>Supervisor</b>
1	Mary Andrew	Diwa	Ms. D. Bakali
2	Loveness Wisted	Diwa	Ms. D. Bakali

3	Winnesi Donsa	Chagambatuka	Mr. L. Kathewera
4	Emily Sinapotali	Chagambatuka	Mr. L. Kathewera
5	Sherrifa Henry	Zilipaine	Mr. I. Walakwanji
6	Dorothy Lumenda	Zilipaine	Mr. I. Walakwanji
7	Mrs Zamala	Namila	Mr. M. Chilongo
8	Mrs Jenelesi	Namila	Mr. M. Chilongo
9	Monika Chikafa	Mwalija	Jane NKhoma
10	Christina Chitimbe	Mwalija	Jane Nkhoma
11	Mrs Mkuluzado	Fombe	Mr. Mkuzi
12	Mrs Fombe	Fombe	Mr. Mkuzi
13	Mrs Robert	Pende	Mr. Mwangwaya
14	Mrs Parangeti	Pende	Mr. Mangwaya
15	Mrs Botoman	Chibandwa	Mr. Khembo
16	Mrs Bwalamba	Makhula	Mr. Makumbi
17	Mrs Mchenga	Makhula	Mr. Makumbi
18	Bruno Namisengo	Mwanayaya	Mr. Kadango
19	Mary Thengulo	Mwanayaya	Mr. Kadango
20	Clement Masamba	Pende	Mr. Mangwaya
21	Davie Saimon	Thendo	F. Shuva
22	IDA Raphael	Thabwa	Mr. Kambalame
23	Desmata Kusowa	Thabwa	Mr. Kambalame
24	Patrick Sabao	Tulusida	Mr. Kambalame
25	Nalesi Meshiwick	Tulusida	Mr. Kambalame
26	Charles Abraham	Fodya	Mr. Mfunu
27	Mr. S. Chilonga	Mponya	Mr. Mfunu
28	Mrs. F. Petro	Chang'ambika	Mr. Chiwanda
29	Mrs. Donata Phillip	Chang'ambika	Mr. Chiwamba
30	Mr. John Steshe	Chang'ambika	Mr. Chiwamba
31	Mr. Edward Makani	Kutama	Mr. Lipenga

## Appendix 2

### Educational qualification for CBDs and Supervisors

#### Community Based Distributors

Number	Name	Religion	Std / Form	Village
1.	Mr. M. Dunga	Gospel Ministry	Std 8	Patalao
2.	Mr.D. Mchenga	Seventh Day Adv.	Std 8	Thendo
3.	Mr. S. Chathyoka	Baptist Church	Std 8	Mbwanda
4.	Mr. W. Marko	Apost. Church of Pentecost	Std 8	Madeu (Gola)



5.	Mr. G. Chiotcha	Evangelical-Nyasa-Mission	Std 8	Gola Scheme (Gola)
6.	Mr. L. Genti	Assemblies of God	Std 8	Zalera
7.	Daina Lazaro	Roman Catholic	Std 8	Moses (Kakoma)
8.	Mr. S. Jagi	Roman Catholic	Std 8	Butiza (Therere)
9.	Mr. O. Maluwati	Zambezi Evangelical	Std 7	Kanzimbi (Kakoma)
10.	Mrs. C. Mundira	Zambezi Evangelical	Std 8	Tombondera (Kakoma)
11.	Mr. M. Mission	Church of Christ	Std 8	Dausi
12.	Mr. E. Thomu	Roman Catholic	Form II	Chagaka (Kakoma)
13.	Mr. D. Chiwindo	Evangelical-Nyasa-Mission	Std 7	Mvula (Gola)
14.	Judith Mthyola	Roman Catholic	Std 8	Chafudzika (Kakoma)
15.	Mr. E. Stephano	Roman Catholic	Std 8	Tomasi (Kakoma)
16.	Mr. L. Chagoma	New Apostolic Church	Std 8	Chikungu
17.	Mary Lusiyo	Seventh Day Adv.	Std 7	Chamera (Kakoma)
18.	Mr. E. Tchemba	Roman Catholic	Std 8	Nkhalamba

### Name of Supervisors

Number	Name	Religion	Std/Form	Village
1.	Mr. W. I. Mpasanjesi	Roman Catholic	Form II	Dausi
2.	Mr. N. Khumbidzi	Baptist Church	Std 8	Kanzimbi
3.	Mr. P. I. Chisale	Seventh Day Adv.	Std 8	Chafudzika
4.	Mr. R.F. Shuva	Seventh Day Adv.	Std 8	Thendo
5.	Mr. S.M.S. Chakamba	Seventh Day Adv.	MSCE	Chagaka
6.	Mr. F. Kautale	Roman Catholic	MSCE	Patalao

### Appendix 3

#### Pre, Mid and Post Test Examination Results

##### Supervisors

Name of Supervisor	Pre-Test	Mid-Test	Post-Test
Mr. F. Kautale	84%	92%	100%

Mr. R. Shuva	96%	92%	100%
Mr. P. Chisale	52%	92%	100%
Mr. S.M. Chakamba	84%	92%	100%
Mr. W. Mpasanjese	56%	76%	88%
Mr. N. Khumbidzi	68%	88%	88%
<b>Average scores</b>	<b>73%</b>	<b>89%</b>	<b>96%</b>

### Community Based Distributors

Name of CBD	Pre-Test	Mid-Test	Post-Test
Mr. D. Mchenga	92%	84%	96%
Mr. G. Chiotcha	72%	88%	92%
Mrs. C. Mundira	56%	92%	92%
Mr. M. B. Joe	56%	84%	88%
Mr. E. Stephano	52%	80%	82%
Mr. S. Jagi	68%	72%	80%
Mr. M. Mission	64%	76%	80%
Mr. E. Thomu	68%	88%	80%
Mr. D. Chiwindo	68%	80%	80%
Mr. O.R. Maluwati	44%	80%	80%
Mr. L. Genti	24%	68%	76%
Mrs. M. Lusiyo	64%	60%	72%
Mr. W. Marko	48%	52%	72%
Mrs. J. Mthyola	40%	72%	68%
Mr. E. Tchemba	56%	80%	68%
Mrs. D. Mkuzi	60%	68%	68%
Mr. L. H. Chagomo	32%	56%	68%
Mr. S. Chathyoka	72%	52%	68%
<b>Average scores</b>	<b>58%</b>	<b>74%</b>	<b>78%</b>

### Glossary:

IEF - International Eye Foundation

STAFH -	Support To AIDS And Family Health
HIV -	Human Immune deficiency Virus
AIDS -	Acquired Immune Deficiency Syndrome
STD -	Sexually Transmitted Disease
SUCOMA	Sugar Corporation of Malawi
CBD -	Community Based Distributor
IUCD -	Intra Uterine Contraceptive Device
VSC -	Voluntary Surgical Contraceptive
NGO -	Non Governmental Organisation
FP -	Family Planning
NAPHAM	National Association with People living with HIV / AIDS in Malawi
Vs. -	Versus
PEA -	Primary Education Advisors
FHECC	Family Health Education and Counselling Centre
DACC -	District AIDS Co-ordination Committee
AYISE -	Active Youth Initiative and Social Enablement
IGA -	Income Generating Activity
CARE -	Community Action Renders Enablement
HBC -	Home Based Care
USAID	United States Agency for International Development
RHO -	Regional Health Officer
PVO -	Private Organisation

SORAN		Southern Region AIDS Network
MSCE	-	Malawi School Certificate of Education
Std	-	Standard